Helpful contact details

General Support

Torridge Voluntary & Community Support - www.torridgecvs.org.uk

Volunteer Centre / Development: 07901865817

TorrAGE: 07494 414386 Help at Home: 07852 509599

Citizens Advice Bureau - www.ruraldevoncab.org.uk/offices/bideford Tel 03444 111 444

The Money Advice Service <u>www.moneyadviceservice.org.uk/en/articles/coronavirus-what-it-means-for-you</u> Tel 0800 138 7777

Torridge District Council - <u>www.torridge.gov.uk/article/18368/Residents-Information</u> Tel 01237 428700

Devon County Council www.devon.gov.uk/coronavirus-advice-in-devon

Emergency support

NHS Medical advice https://111.nhs.uk/ Tel 111

Emergency: Call 999. Advice on when to call 999 https://www.nhs.uk/using-the-nhs/nhs-services/urgent-and-emergency-care/when-to-call-999/

Devon & Cornwall Police www.devon-cornwall.police.uk/advice/covid-19-coronavirus
Emergency: Call 999 if you or someone is in immediate danger, or if the crime is happening right now.

Non-emergency number 101 email: www.devon-cornwall.police.uk/contact/contact-forms/101-non-emergency

If you are Deaf, hard of hearing or speech impaired, you can textphone on 18001 101 or sms/text 67101.

Devon & Somerset Fire Service www.dsfire.gov.uk
In an emergency Get Out, Stay Out and Call 999
Non-Emergency advice Call Freephone 0800 05 02 999 Text 078 00 00 2476
Email firekills@dsfire.gov.uk

Family Support

Early Help (children) www.dcfp.org.uk/early-help Tel 0345 155 1071

Devon Social Care - www.devon.gov.uk/care-and-health Tel 0345 155 1007

Young Carers www.carewise.org.uk Tel 01237 479380

Devon Carers https://devoncarers.org.uk/ Helpline: 03456 434 435

NHS Devon Clinical Commissioning Group <u>devonccq.nhs.uk/</u> Tel: 01392 205 205 or 0845 140 5005 Email: d-ccq.corporateservices@nhs.net

Samaritans www.samaritans.org Tel 116 123

Domestic abuse helpline: www.nationaldahelpline.org.uk Tel 0808 2000 247

Together Drug & Alcohol Service - https://www.edp.org.uk/get-help/ Tel 0800 233 5444